



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

Zubrod, Jutta

Total time: 1:22:30

Club: ERSG Darmstadt

Number: 72

Course: 25.50 km

Rank in course/Total: 208 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 36 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 2(of 6)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:15:51

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	12:12	0.00	3	48	0:29	4:32	0.50	12:12	0.00	6	63	0:25	63
Rad	20.00	42:26	28.28	2	25	2:18	8:26	20.50	54:38	21.96	7	59		
Lauf	5.00	27:52	10.77	4	43	4:39	8:59	25.50	1:22:30	18.18	2	36	6:39	19:50