



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Havemann, Birgit

Total time: 1:23:15

Club: TSV Amicitia Viernheim

Number: 84

Course: 25.50 km

Rank in course/Total: 218 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 39 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 3(of 6)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:15:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:54	0.00	5	1:11	54	5:14	0.50	12:54	0.00	6	1:07	65	0:09
Rad	20.00	43:09	27.81	3	3:01	27	9:09	20.50	56:03	21.41	7		57	
Lauf	5.00	27:12	11.03	3	3:59	36	8:19	25.50	1:23:15	18.02	3	7:24	39	20:35