



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

Ochsenreiter, Miriam

Total time: 1:25:54

Club: Lorsch

Number: 53

Course: 25.50 km

Rank in course/Total: 247 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 49 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 12(of 14)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:11:42

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	11:22	0.00	8	2:48	30	3:42	0.50	11:22	0.00	4	2:48	15	
Rad	20.00	47:09	25.45	10	8:05	45	13:09	20.50	58:31	20.51	10	10:53	18	
Lauf	5.00	27:23	10.96	9	4:21	38	8:30	25.50	1:25:54	17.46	12	14:12	49	23:14