



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Brunn, Roland

Total time: 1:08:31

Club: KSV Reichelsheim

Number: 34

Course: 25.50 km

Rank in course/Total: 47 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 44 (of 241)

Best time in course: 57:44

Category:

Rank in category: 2(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:02:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:54	0.00	4	0:48	72	3:30	0.50	10:54	0.00	1	-	7	2:33
Rad	20.00	36:55	32.51	1	-	31	7:33	20.50	47:49	25.10	18	-	7	5:49
Lauf	5.00	20:42	14.49	1	-	25	13:58	25.50	1:08:31	21.89	2	6:26	45	10:47