



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Albert, Jürgen

Club: Allumbar Lorsch

Number: 107

Course: 25.50 km

Lorsch Triathlon 0,5-20-5

Category:

Senioren 1 (TM 40-44)

Total time: 1:06:00

Rank in course/Total: 29 (of 317)

Rank in course/Men: 27 (of 241)

Best time in course: 57:44

Rank in category: 4(of 43)

Best time in the category: 1:00:43

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	9:04	0.00	5	0:55	17	1:40	0.50	9:04	0.00	38		4	0:43
Rad	20.00	34:37	34.67	3	0:56	12	5:15	20.50	43:41	27.47	38		212	1:41
Lauf	5.00	22:19	13.44	12	3:37	59	15:35	25.50	1:06:00	22.73	4	5:17	28	8:16