



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Röllich, Mona

Total time: 1:26:35

Club: Heppenheim

Number: 50

Course: 25.50 km

Rank in course/Total: 254 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 52 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 3(of 4)

weibl. AK 1 (TW 20-24)

Best time in the category: 1:17:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Schwimmen	0.50	12:59	0.00	3	3:01	55	5:19	0.50	12:59	0.00	3	3:01	12	0:14
Rad	20.00	46:04	26.05	3	4:58	41	12:04	20.50	59:03	20.32	3	7:59	15	
Lauf	5.00	27:32	10.90	4	1:43	39	8:39	25.50	1:26:35	17.32	3	9:03	52	23:55