



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Glanzner, Matthias

Total time: 1:10:24

Club: TV Lampertheim Triathlon

Number: 108

Course: 25.50 km

Rank in course/Total: 60 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 55 (of 241)

Best time in course: 57:44

Category:

Rank in category: 10(of 41)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:06	0.00	4	1:24	19	1:42	0.50	9:06	0.00	31		181	0:45
Rad	20.00	38:10	31.44	7	4:31	42	8:48	20.50	47:16	25.39	37	2:08	212	5:16
Lauf	5.00	23:08	12.97	14	4:28	73	16:24	25.50	1:10:24	21.31	10	9:44	56	12:40