



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Grimm, Holger

Club: SV Normania Treffurt

Number: 310

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 1:02:28

Speed: 12.49 km/h

Running performance: 4:49 min/km

Rank in course/Total: 27 (of 112)

Rank in course/Men: 25 (of 86)

Best time in course: 49:36

Rank in category: 11(of 19)

Best time in the category: 52:11