



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Rößler, Jürgen

Club: 1. TSV 1990 Bad Salzungen

Number: 276

Course: 13.00 km

Mittelstrecke

Category:

Männer M55

Total time: 1:02:58

Speed: 12.39 km/h

Running performance: 4:50 min/km

Rank in course/Total: 31 (of 112)

Rank in course/Men: 29 (of 86)

Best time in course: 49:36

Rank in category: 1(of 9)

Best time in the category: 1:02:58