



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Kitzing, Veit

Club: Immelborn

Number: 315

Course: 13.00 km

Mittelstrecke

Category:

Männer M45

Total time: 1:03:27

Speed: 12.29 km/h

Running performance: 4:53 min/km

Rank in course/Total: 34 (of 112)

Rank in course/Men: 31 (of 86)

Best time in course: 49:36

Rank in category: 5(of 15)

Best time in the category: 58:28