



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Käppler, Gerd

Club: SV Normania Treffurt

Number: 229

Course: 13.00 km

Mittelstrecke

Category:

Männer M50

Total time: 1:04:02

Speed: 12.18 km/h

Running performance: 4:56 min/km

Rank in course/Total: 36 (of 112)

Rank in course/Men: 33 (of 86)

Best time in course: 49:36

Rank in category: 5(of 11)

Best time in the category: 55:41