



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Pohl, Wolfgang

Club: SV Normania Treffurt

Number: 236

Course: 13.00 km

Mittelstrecke

Category:

Männer M55

Total time: 1:04:38

Speed: 12.07 km/h

Running performance: 4:58 min/km

Rank in course/Total: 38 (of 112)

Rank in course/Men: 35 (of 86)

Best time in course: 49:36

Rank in category: 2(of 9)

Best time in the category: 1:02:58