



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Juliane, Rethfeldt

Club: Honkong

Number: 266

Course: 13.00 km

Mittelstrecke

Category:

Frauen W35

Total time: 1:04:47

Speed: 12.04 km/h

Running performance: 4:59 min/km

Rank in course/Total: 39 (of 112)

Rank in course/Women: 4 (of 26)

Best time in course: 57:20

Rank in category: 1(of 3)

Best time in the category: 1:04:47