



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Hiller, Manfred

Club: Suhl

Number: 231

Course: 13.00 km

Mittelstrecke

Category:

Männer M55

Total time: 1:05:26

Speed: 11.92 km/h

Running performance: 5:02 min/km

Rank in course/Total: 41 (of 112)

Rank in course/Men: 37 (of 86)

Best time in course: 49:36

Rank in category: 3(of 9)

Best time in the category: 1:02:58