



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Bärwolf, Sylvia

Club: BAV

Number: 278

Course: 13.00 km

Mittelstrecke

Category:

Frauen W45

Total time: 1:05:53

Speed: 11.84 km/h

Running performance: 5:04 min/km

Rank in course/Total: 42 (of 112)

Rank in course/Women: 5 (of 26)

Best time in course: 57:20

Rank in category: 2(of 7)

Best time in the category: 1:02:20