



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Speck, Wilfried

Club: Eschwege

Number: 233

Course: 13.00 km

Mittelstrecke

Category:

Männer M55

Total time: 1:06:18

Speed: 11.76 km/h

Running performance: 5:06 min/km

Rank in course/Total: 44 (of 112)

Rank in course/Men: 39 (of 86)

Best time in course: 49:36

Rank in category: 4(of 9)

Best time in the category: 1:02:58