



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Hildebrandt, Nils

Club: Buflieben

Number: 210

Course: 13.00 km

Mittelstrecke

Category:

Männer M45

Total time: 1:07:35

Speed: 11.54 km/h

Running performance: 5:12 min/km

Rank in course/Total: 49 (of 112)

Rank in course/Men: 43 (of 86)

Best time in course: 49:36

Rank in category: 6(of 15)

Best time in the category: 58:28