



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Topf, Patrick

Club: GOTHA

Number: 297

Course: 13.00 km

Mittelstrecke

Category:

Männer M30

Total time: 1:08:38

Speed: 11.36 km/h

Running performance: 5:17 min/km

Rank in course/Total: 54 (of 112)

Rank in course/Men: 48 (of 86)

Best time in course: 49:36

Rank in category: 5(of 5)

Best time in the category: 50:05