



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Meyfarth, Falko

Club: SV Mihla

Number: 280

Course: 13.00 km

Mittelstrecke

Category:

Männer M45

Total time: 1:09:12

Speed: 11.27 km/h

Running performance: 5:19 min/km

Rank in course/Total: 57 (of 112)

Rank in course/Men: 50 (of 86)

Best time in course: 49:36

Rank in category: 9(of 15)

Best time in the category: 58:28