



## 16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

### Detailed evaluation

**Albrecht, Katrin**

Club: Lauffreud Breitungun

Number: 255

Course: 13.00 km

Mittelstrecke

Category:

Frauen W40

Total time: 1:09:37

Speed: 11.20 km/h

Running performance: 5:22 min/km

Rank in course/Total: 60 (of 112)

Rank in course/Women: 9 (of 26)

Best time in course: 57:20

Rank in category: 2(of 6)

Best time in the category: 1:06:50