



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Gronke, Viola

Club: SV 90 Umpferstedt

Number: 208

Course: 13.00 km

Mittelstrecke

Category:

Frauen W35

Total time: 1:09:43

Speed: 11.19 km/h

Running performance: 5:22 min/km

Rank in course/Total: 61 (of 112)

Rank in course/Women: 10 (of 26)

Best time in course: 57:20

Rank in category: 2(of 3)

Best time in the category: 1:04:47