



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Schwanz, Rainer

Club: Rot-Weiß-Scherbda

Number: 287

Course: 13.00 km

Mittelstrecke

Category:

Männer M50

Total time: 1:09:48

Speed: 11.17 km/h

Running performance: 5:22 min/km

Rank in course/Total: 62 (of 112)

Rank in course/Men: 52 (of 86)

Best time in course: 49:36

Rank in category: 8(of 11)

Best time in the category: 55:41