



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Limpert, Ramona

Club: Sportteam-Steinbach Meiningen

Number: 248

Course: 13.00 km

Mittelstrecke

Category:

Frauen W30

Total time: 1:11:20

Speed: 10.93 km/h

Running performance: 5:29 min/km

Rank in course/Total: 68 (of 112)

Rank in course/Women: 12 (of 26)

Best time in course: 57:20

Rank in category: 3(of 3)

Best time in the category: 57:20