



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Kerker, Christian

Club: Bielefeld

Number: 313

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 1:11:25

Speed: 10.92 km/h

Running performance: 5:29 min/km

Rank in course/Total: 69 (of 112)

Rank in course/Men: 57 (of 86)

Best time in course: 49:36

Rank in category: 15(of 19)

Best time in the category: 52:11