



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

fütterer, friedbert

Club: sv gernode1887ev

Number: 232

Course: 13.00 km

Mittelstrecke

Category:

Männer M55

Total time: 1:11:59

Speed: 10.84 km/h

Running performance: 5:32 min/km

Rank in course/Total: 71 (of 112)

Rank in course/Men: 59 (of 86)

Best time in course: 49:36

Rank in category: 6(of 9)

Best time in the category: 1:02:58