



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Sömmer, Fred

Club: Wartburg-Sparkasse

Number: 218

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 1:14:22

Speed: 10.49 km/h

Running performance: 5:43 min/km

Rank in course/Total: 81 (of 112)

Rank in course/Men: 66 (of 86)

Best time in course: 49:36

Rank in category: 17(of 19)

Best time in the category: 52:11