



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Ewald, Wolfgang

Club: Weimarer Spezialmontagen

Number: 282

Course: 13.00 km

Mittelstrecke

Category:

Männer M55

Total time: 1:16:30

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 88 (of 112)

Rank in course/Men: 73 (of 86)

Best time in course: 49:36

Rank in category: 7(of 9)

Best time in the category: 1:02:58