



## 16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

### Detailed evaluation

**Herzog, Michael**

Club: Wutha-Farnroda

Number: 274

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 1:16:54

Speed: 10.14 km/h

Running performance: 5:55 min/km

Rank in course/Total: 89 (of 112)

Rank in course/Men: 74 (of 86)

Best time in course: 49:36

Rank in category: 18(of 19)

Best time in the category: 52:11