



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Poller, Evelyn

Club: Lauffreud Breitungun

Number: 256

Course: 13.00 km

Mittelstrecke

Category:

Frauen W45

Total time: 1:20:40

Speed: 9.67 km/h

Running performance: 6:13 min/km

Rank in course/Total: 95 (of 112)

Rank in course/Women: 19 (of 26)

Best time in course: 57:20

Rank in category: 6(of 7)

Best time in the category: 1:02:20