



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Dienes, Kay

Club: Eisenach

Number: 267

Course: 13.00 km

Mittelstrecke

Category:

Männer M20

Total time: 1:24:03

Speed: 9.28 km/h

Running performance: 6:28 min/km

Rank in course/Total: 100 (of 112)

Rank in course/Men: 80 (of 86)

Best time in course: 49:36

Rank in category: 7(of 8)

Best time in the category: 53:20