



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Mahrt, Jörg

Club: Eisenach

Number: 450

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:28:33

Speed: 14.23 km/h

Running performance: 4:12 min/km

Rank in course/Total: 5 (of 59)

Rank in course/Men: 5 (of 50)

Best time in course: 1:19:23

Rank in category: 3(of 8)

Best time in the category: 1:20:18