



## 16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

### Detailed evaluation

**Wiesemann, Holger**

Club: SV Normania Treffurt

Number: 460

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:34:04

Speed: 13.46 km/h

Running performance: 4:28 min/km

Rank in course/Total: 9 (of 59)

Rank in course/Men: 9 (of 50)

Best time in course: 1:19:23

Rank in category: 4(of 8)

Best time in the category: 1:20:18