



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Wolfram, Dieter

Club: Wiegleben

Number: 264

Course: 13.00 km

Mittelstrecke

Category:

Männer M55

Total time: 1:34:29

Speed: 8.26 km/h

Running performance: 7:16 min/km

Rank in course/Total: 109 (of 112)

Rank in course/Men: 84 (of 86)

Best time in course: 49:36

Rank in category: 9(of 9)

Best time in the category: 1:02:58