



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Sperling, Josef

Club: Leipzig

Number: 441

Course: 21.10 km

Halbmarathon

Category:

Männer M20

Total time: 1:40:19

Speed: 12.56 km/h

Running performance: 4:45 min/km

Rank in course/Total: 13 (of 59)

Rank in course/Men: 12 (of 50)

Best time in course: 1:19:23

Rank in category: 3(of 6)

Best time in the category: 1:19:23