



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Seibold, Michael

Club: BUND Thüringen

Number: 459

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:40:49

Speed: 12.56 km/h

Running performance: 4:47 min/km

Rank in course/Total: 15 (of 59)

Rank in course/Men: 14 (of 50)

Best time in course: 1:19:23

Rank in category: 1(of 13)

Best time in the category: 1:40:49