



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Stauche, Ronny

Club: Ettenhausen

Number: 445

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:43:59

Speed: 12.12 km/h

Running performance: 4:56 min/km

Rank in course/Total: 20 (of 59)

Rank in course/Men: 18 (of 50)

Best time in course: 1:19:23

Rank in category: 2(of 13)

Best time in the category: 1:40:49