



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Ring, Markus

Club: Erfurt
Number: 408

Course: 21.10 km
Halbmarathon

Category:
Männer M35

Total time: 1:49:41

Speed: 11.49 km/h
Running performance: 5:12 min/km

Rank in course/Total: 27 (of 59)

Rank in course/Men: 25 (of 50)

Best time in course: 1:19:23

Rank in category: 6(of 13)

Best time in the category: 1:40:49