



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Lesser, Steffen

Club: Bosch

Number: 410

Course: 21.10 km

Halbmarathon

Category:

Männer M35

Total time: 1:52:09

Speed: 11.29 km/h

Running performance: 5:19 min/km

Rank in course/Total: 30 (of 59)

Rank in course/Men: 28 (of 50)

Best time in course: 1:19:23

Rank in category: 7(of 13)

Best time in the category: 1:40:49