



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Martin, Andreas

Club: GMRV

Number: 412

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:54:00

Speed: 11.05 km/h

Running performance: 5:24 min/km

Rank in course/Total: 35 (of 59)

Rank in course/Men: 33 (of 50)

Best time in course: 1:19:23

Rank in category: 8(of 8)

Best time in the category: 1:20:18