



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Görmar, Urte

Club: Niederdorla

Number: 437

Course: 21.10 km

Halbmarathon

Category:

Frauen W40

Total time: 1:58:11

Speed: 10.66 km/h

Running performance: 5:36 min/km

Rank in course/Total: 42 (of 59)

Rank in course/Women: 3 (of 9)

Best time in course: 1:35:09

Rank in category: 2(of 2)

Best time in the category: 1:35:09