



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Matthes, Jan

Club: Lauffreiwild Breitung

Number: 400

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 2:01:51

Speed: 10.39 km/h

Running performance: 5:46 min/km

Rank in course/Total: 44 (of 59)

Rank in course/Men: 40 (of 50)

Best time in course: 1:19:23

Rank in category: 5 (of 7)

Best time in the category: 1:29:01