



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Rambow, Stefanie

Club: Dresden

Number: 422

Course: 21.10 km

Halbmarathon

Category:

Frauen W20

Total time: 2:02:59

Speed: 10.25 km/h

Running performance: 5:50 min/km

Rank in course/Total: 49 (of 59)

Rank in course/Women: 5 (of 9)

Best time in course: 1:35:09

Rank in category: 2(of 3)

Best time in the category: 1:59:12