



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Rauch, Gerd

Club: SV 70 T0nndorf e.V.

Number: 416

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 2:21:29

Speed: 8.91 km/h

Running performance: 6:43 min/km

Rank in course/Total: 57 (of 59)

Rank in course/Men: 49 (of 50)

Best time in course: 1:19:23

Rank in category: 3(of 4)

Best time in the category: 1:40:54