



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Noack, Rebecca

Club: Düsseldorf

Number: 423

Course: 21.10 km

Halbmarathon

Category:

Frauen W20

Total time: 2:42:19

Speed: 7.76 km/h

Running performance: 7:41 min/km

Rank in course/Total: 59 (of 59)

Rank in course/Women: 9 (of 9)

Best time in course: 1:35:09

Rank in category: 3(of 3)

Best time in the category: 1:59:12