



## 16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

### Detailed evaluation

**Rosenbaum, Sebastian**

Club: Mühlhausen

Number: 141

Course: 6.00 km

Kurzstrecke

Category:

Männer M20

Total time: 22:22

Speed: 16.10 km/h

Running performance: 3:44 min/km

Rank in course/Total: 1 (of 36)

Rank in course/Men: 1 (of 20)

Best time in course: 22:22

Rank in category: 1(of 2)

Best time in the category: 22:22