



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Kaderhandt, Lena

Club: Maratho-Club Menden

Number: 186

Course: 6.00 km

Kurzstrecke

Category:

Frauen W20

Total time: 25:33

Speed: 14.09 km/h

Running performance: 4:16 min/km

Rank in course/Total: 6 (of 36)

Rank in course/Women: 1 (of 16)

Best time in course: 25:33

Rank in category: 1(of 3)

Best time in the category: 25:33