



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Pfannkuche, Uwe

Club: Berka/Werra

Number: 140

Course: 6.00 km

Kurzstrecke

Category:

Männer M50

Total time: 26:03

Speed: 13.82 km/h

Running performance: 4:20 min/km

Rank in course/Total: 8 (of 36)

Rank in course/Men: 7 (of 20)

Best time in course: 22:22

Rank in category: 1(of 2)

Best time in the category: 26:03