



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Haase, Heike

Club: Mühlhausen

Number: 212

Course: 6.00 km

Kurzstrecke

Category:

Frauen W40

Total time: 36:42

Speed: 9.81 km/h

Running performance: 6:07 min/km

Rank in course/Total: 32 (of 36)

Rank in course/Women: 14 (of 16)

Best time in course: 25:33

Rank in category: 2(of 2)

Best time in the category: 29:51