



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Winkler, jens

Club: Sportteam-Steinbach Meiningen

Number: 217

Course: 13.00 km

Mittelstrecke

Category:

Männer M40

Total time: 52:11

Speed: 14.95 km/h

Running performance: 4:01 min/km

Rank in course/Total: 3 (of 112)

Rank in course/Men: 3 (of 86)

Best time in course: 49:36

Rank in category: 1(of 19)

Best time in the category: 52:11