



16. Hainichlauf und 3. Wildkatzenlauf Mihla

Mihla / 08.08.2010

Detailed evaluation

Michl, Rene

Club: Sportteam-Steinbach Meiningen

Number: 209

Course: 13.00 km

Mittelstrecke

Category:

Männer M35

Total time: 54:21

Speed: 14.35 km/h

Running performance: 4:11 min/km

Rank in course/Total: 5 (of 112)

Rank in course/Men: 5 (of 86)

Best time in course: 49:36

Rank in category: 2(of 7)

Best time in the category: 49:36